

Checklist for Person-Centred Home Safety Risk Assessment

This simple checklist can be used by anyone who has contact with vulnerable residents - family members, informal or paid carers, housing providers, Adult Social Care, Health or Care Services. Organisations using the checklist should ensure their contact details are included on the reverse. The content (notably the checked boxes) may be adapted if required.

Name of Resident			
Full Address			
Date		Form completed by:	

1. Does the individual have an increased fire risk?

- Yes** If yes, tick all the fire risk factors they exhibit
- No** Skip to next question
- Smoking – with signs of unsafe use of smoking or vaping materials (e.g. smoking in bed).
 - Use of emollient creams that are petroleum or paraffin based.
 - Air pressure mattress or oxygen cylinders are used.
 - Unsafe use of portable heaters (e.g. placed too close to materials that could catch fire).
 - Unsafe cooking practices (e.g. cooking left unattended).
 - Overloaded electrical sockets/adaptors or extension leads.
 - Faulty or damaged wiring.
 - Electric blankets used.
 - Previous fires or near misses, burns or scorch marks on carpets and furniture.
 - Unsafe candle/tea light use (e.g. left too close to curtains or other items that could catch fire or within easy reach of children or pets).
 - Other (please specify):

2. Would the individual be less able to react to an alarm or fire?

- Yes** If yes, tick all the fire risk factors they exhibit
- No** Skip to next question
- Mental health issues (e.g. dementia, anxiety or depression).
 - Cognitive or decision making difficulties.
 - Alcohol dependency or misuse of drugs.
 - Sensory impairments (e.g. hard of hearing or sight loss).
 - Other (please specify):

3. Does the individual have a reduced ability to escape?

- Yes** If yes, tick all the fire risk factors they exhibit
- No** Skip to next question
- Have restricted mobility, are frail or have a history of falls.
 - Are blind or have impaired vision.
 - Lacks capacity to understand what to do in the event of a fire.
 - Is a hoarder, or there are cluttered or blocked escape routes.
 - Are bed or chairbound.
 - Internal doors are left open at night.
 - Would be unable to unlock front door to escape.
 - Other (please specify):

4. Are there any smoke or heat alarms fitted within the individual's home?

Yes

If yes, please specify which rooms have them fitted:

No

5. Has a carbon monoxide alarm been fitted anywhere that gas or solid fuels are used?

Yes

If yes, please specify which rooms have them fitted:

No

What to do next

If there are any questions in sections 1–3 that have been answered 'Yes', or you have identified that there are no smoke or heat alarms fitted, or they are broken or poorly sited, this suggests there is a risk from fire. Immediate actions are required to ensure agreed safety measures are in place:

If you are a family member or an informal carer:

Contact Essex County Fire and Rescue Service to book a **Safe and Well Visit**

Tel: 0300 303 0088

Email: HFSV@essex-fire.gov.uk

In addition, extra support and advice can be sought from Adult Social Care Teams and your housing provider or landlord where serious risk has been

If you are employed by a company or organisation:

- Return this checklist to your manager for a full Person-Centered Risk Assessment to be conducted where necessary.
- Refer the individual to Essex County Fire and Rescue Service for a Safe and Well Visit

Tel: 0300 303 0088

Email: HFSV@essex-fire.gov.uk

What happens during a Safe and Well visit?

Our trained officers will visit the home and offer advice based on individual needs, this includes information on how to **prevent** fires, the importance of smoke alarms to **detect** a fire and having **escape** plans in the event of a fire. They will also fit **smoke alarms** if required.

Officers can also offer **home security** advice to prevent burglary **and** conduct an assessment for items to aid **mobility** in the home, such as grab rails, all of which are provided, free of charge.

All of our staff are able to refer individuals to further support and guidance for a range of health and wellbeing factors, such as support with dementia, smoking cessation, alcoholism, loneliness and isolation and hoarding to name a few.

Essex County Fire and Rescue Service can only contact an individual and book a Safe and Well Visit with their consent, and will ask for this before making a booking or accepting referrals.

If you would like to know more about Safe and Well, contact the Home Safety Team on 0300 303 0088.